

Truths

- Tell me something secret about your Ex
- Drunken story time
- Tell me a secret
- Tell me a fact about the last person you kissed
- What's your favourite TV show?
- Read out your last received text message
- What concerts you have attended?
- What underwear are you wearing?
- What's the craziest thing you've ever done?
- What's your biggest turn on?
- What do you think is the biggest age gap that's acceptable in a relationship?
- What's your opinion on cheating?
- Who would play you in the movie of your life?
- Describe your sex life
- Do you have feelings for anyone other than your other half?
- Who's on your celebrity 'list' (your top 5 that you would if you could)
- What are you most self-conscious about?
- What's the first thing you do if you woke up as the opposite sex?
- Tell me about your worst date
- What's the strangest place you have peed?
- Have you sh*t your pants as an adult?
- What's the scariest dream you have ever had?
- Who here would you like to make out with?
- What's the grossest thing to come out of your body?
- What's the biggest lie you've ever told?
- What's the most embarrassing thing you've ever been caught doing?
- Have you ever let someone take the blame for something you'd done?
- Show us the most embarrassing picture of you there is
- Have you ever loved anyone who didn't love you back?
- What's your most disgusting habit?
- Do you think you are good in bed? Why?
- What's your sexual fantasy?
- What's your favourite position?
- Where's the wildest place you've had sex



Hard Truths

These questions are designed to be extremely uncomfortable and force the player into a dare, or a shot! But beware of the awkwardness if they decide to answer.

- Who is the worst dressed here?
- If you could only save one person here from a burning building, who would it be?
- If you could save everyone except one? Who would you let die?
- Who here is most annoying?
- Who do you think is the worst in bed?
- Who do you think has slept with the most people?
- Who do you think is most attractive?
- Who do you think is least attractive?
- Who has the worst personal hygiene?
- Who would you least want to be in a relationship with?
- Who is your favourite person here?
- Who is your least favourite person here?
- Who are you most likely to drift away from?
- Who was the least likely to get an invite to the wedding?
- Who has the worst singing voice?
- Who is the best dancer?
- Who is the worst dancer?



Dares

- Let someone else post on your Facebook page and leave it there all night
- Chug a drink
- Moonwalk
- Take off an item of clothing
- 'Sell' something (an object) to the group for 3 whole minutes
- Upside down Twerking
- Exchange an item of clothing with a person in the room
- Eat a spoonful of cat food/ a dog biscuit (have to pre-prepare for this one)
- Eat something else gross (Dare asker: let your imagination run wild here)
- Wear someone else's Bra
- Kiss someone
- Peel a banana with your feet
- Put on/ wash off make up (depending on the person and their use of make- up)
- Dance with no music for 1 minute
- Lick the floor
- Drink a dirty pint (a bit of everyone's drink in one cup)
- Let me draw on your face
- Sing 4 lines of your favourite song
- Attempt to Breakdance for 30 seconds
- Do as many push ups/ sit ups as you can, wait 5 seconds and do one more
- Let the group look through your phone for 2 minutes
- Fake an orgasm
- Let someone change your profile picture to your orgasm face
- Give someone a lap dance
- Rummage in the bin for 30 seconds (Elbow deep)
- Break 2 eggs with your head
- Let someone in the group give you a spanking
- Do your best impression of a baby being born
- Eat one teaspoon of the spiciest thing in the kitchen
- Put 4 ice cubes down your pants



How to HEN

X - Rated Dares / Forfeits

These *can be* specifically for the B2B and used as particularly awkward forfeits in other games or activities. (If the player refuses, they do a shot)

- Take off your bra or pants
- French Kiss someone
- Perform oral sex on a banana or [this chocolate dick](#)
- Perform oral sex on a pepper filled with cream
- Lick any object seductively
- Talk dirty for 15 seconds
- Read a (dirty) excerpt of '[My Dad Wrote a Porno](#)' or '[50 shades of Grey](#)'
- Share/ Sing your [Lady Jam](#) to the group
- Take a 'sexy photo' in front of the group and send to your partner, share their reaction
- Fake an orgasm
- Let someone change your profile picture to your orgasm face
- Give someone a lap dance
- Let someone in the group give you a spanking
- Describe in detail the story of losing your virginity
- Charades out your most embarrassing sex story
- Point out something in the room and describe how you would use it as a sex toy
- Strip down to your underwear for 3 mins
- Call your partner and, while on loudspeaker to the group, ask them where and when you last had sex, and if they enjoyed it.
- Talk in an exclusively sexy voice for the next 10 minutes
- Describe your own genitals in detail

